

# Treatments

## Taking Care of Your Child's



## Special Needs...

1. Do you feel like time is running away from you? Keeping up with your child's special needs can be a full-time job.
2. Here are some ways to make things easier for you and your family:
  - Ask lots of questions- make sure you understand what your child needs and why certain medication, therapy, or equipment is being used
  - Pay close attention to your child's treatments- you want to learn to do them by yourself in case your healthcare provider can't be there
  - If you are too busy to do your child's treatment, talk with your doctor- there may be other options that would fit into your schedule better
  - Always let your health care providers know how your child is reacting to treatments- it may be time to change what is being done
3. Remember, you know your child better than anyone- always know what is going on with your child and ask for help when you need it.



Alabama Department of Rehabilitation Services  
Children's Rehabilitation Service